

Central Pennsylvania



Youth Soccer League

CPYSL Book/Video Library

All of these books and videos are assembled in our library at our Mechanicsburg [CPYSL Office](#). Thank you to Sharen Greg-Bolognese for her efforts in creating this library. CPYSL coaches may borrow these materials at no cost. Materials may be picked up during regular office hours or at our monthly meetings. They must be signed out and returned in a reasonable period of time. Thank you for using and caring for our library. If you have any suggestions for additions, please contact us.

- Books -

CPYSL #	TITLE	AUTHOR	LEVEL	DESCRIPTION
001-96	FUNDamental Soccer		Karl Dewazien	Basic Basic terms and rules of soccer
002-96	FUNDamental Goalkeeping		Karl Dewazien	All ages Developing and teaching goalkeeper skills
003-96	FUNDamental Soccer Tactics		Karl Dewazien	All ages Soccer tactics through the use of verbal and visual demonstrations
004-96	FUNDamental Soccer Practice		Karl Dewazien	All ages Organizing your practice from skills to knowing your players
005-96	The Soccer Games Book	Simon & Reeves		All ages Games for teaching various soccer skills
006-96	Fair or Foul	Harris & Harris		Complete guide to soccer officiating
007-96 all ages	Soccer Techniques	Trevor Spindler		Basic guide to coaching players of all ages
008-96	Soccer Injuries -Prevention and First Aid		Alan G. Smith	Prevention and treatment of soccer injuries
009-96	Coaching Youth Soccer II. Attacking the Goal		"Neil B. Ingels, Jr."	Plays designed to attack the opponent's goal and score
010-96	Coaching Youth Soccer		"Neil B. Ingels, Jr."	"General orientation to the game, pre-season planning guide, practice session guide, conditioning exercises, individual skill drills"
011-96	Go For the Goal	Stuart Murray		Techniques and strategies for the complete soccer player
012-96	Coaching Youth Soccer		American Sport Education Program	

Organizing your team from practice drills and exercises to game situations

- 013-96 **Soccer Restart Plays** Simon & Reeves Restart plays
- 014-96 Organizing Your Youth Soccer Team Practical coaching guide for
organizing youth soccer team
- 015-96 **Select Soccer Drills** Reeves & Simon
- 016-96 **Skills and Strategies for Coaching Soccer** Alan Hargreaves All
"Offensive moves and countering offensive moves, drills for all level of players, fitness program,
sample game situations and how to coach in those situations"
- 017-96 **The Coaches Collection of Soccer Drills** Reeves & Simon 100 drills
designed to develop basic soccer skills
- 018-96 **Soccer Practice Games** Joe Luxbacher "120 games for technique,
training and tactics"
- 019-96 **"Soccer Coach's Guide to Practices, Drills and Skill Training"** Lauffer & Davie
The mechanics of running the perfect practice and the most effective drills are completely
analyzed
- 020-96 **"Soccer Techniques, Tactics and Team Work"** Gerhard Bauer
"Coaching guide to the tactics and techniques, work with the character traits of individual players,
develop skills, understand and use successful throw-ins, corner kicks, penalty kicks, and free kicks"
- 021-96 **Zonal Defending** Jack Detchon
- 022-96 **Coaching Manual - Book 1** R.T. Polumbus All Ages Complete coaching
manual on organizing a youth soccer team on all aspects of on field coaching
- 023-96 **Practice Sessions - Book 3** R.T. Polumbus Ages 5-8 Set of 20 practice
sessions for use over 10 week season
- 024-96 **Practice Drills - Book 2** R.T. Polumbus All Ages "Over 275 drills and
variations, provides training for all ability levels "
- 025-96 **Complete Book of Coaching Youth Soccer** Simon Whitehead Ages 8-19
"Step-by-step teaching points, rules and strategies of the game, 100 illustrative diagrams, 75
practice and competitive drills"
- 026-96 **SOCCER Steps to Success** Joe Luxbacher Advanced Sequential
lessons and the 135 illustrations highlight each important skill and show how to correct errors
- 027-96 **Coaching Soccer** Ditchfield & Bahr "How to prepare for a winning
season, how to control the tempo of the game, drills that teach strong shooting skills, agility and
quickness when dribbling the ball, etc"
- 028-96 **Coaching the Goalkeeper** Tony Waiters Ages 6 to 36 Gives team
coaches the means to coach goalkeepers both within and outside of team practice
- 029-96 **"Coaching 9,10,11 year olds"** Howe & Waiters "Ages 9, 10,11"
Emphasizes the importance to technique practice and have provided examples of realistic and
challenging games to help improve skill levels
- 030-96 **Coaching The Player** Bobby Howe The role of the individual within the
team. Practice methods for positional play
- 031-96 **Coaching the Team** Tony Waiters 12yrs & older 11-a-side practice
methods for coaching the team

032-96	Score Book 1	Wiel Coerver	Soccer tactics & techniques for a better defense		
033-96	Soccer Tactics and Skills	Charles Hughes			
034-96	The Winning Formula	Charles Hughes	"The strategy of direct play, passing, forward runs, dribbling, creating space, etc."		
035-96					
036-96	So Now You Are A GOALKEEPER	Machnik & Hoek	Advanced Provides the highest level of written goalkeeping instruction		
037-96	Soccer Laws	Stanley Lover	Guides newcomers and seasoned travellers to the heart of soccer.		
038-96	Score Book 2	Wiel Coerver	Soccer tactics and techniques for a better offense		
039-96	Hotshots #1	Walters & Cowan	"Ages 9, 10, 11"	Soccer activity book	
040-96	The Little Book of SOCCER	"Paul E. Harris, Jr."	All	Everyone's illustrated guide to the laws of the game	
041-96	The Little Book of SOCCER	"Paul E. Harris, Jr."	All	Everyone's illustrated guide to the laws of the game	
042-96	Small-sided Soccer	R. T. Polumbus	Ages 5-10	"For coaching teams, or playing games, with less than 11 players"	
043-96	Coaching Soccer	Gordon Miller	"Ages 8,9,10 & 11"	20 easy to follow practices & games	
044-97	Select Soccer Drills	Reeves & Simon	All	125 winning drills for all skills	
045-97	Dutch Soccer Drills Vol #2	Richard Kentwell	Game action drills		
046-97	Dutch Soccer Drills Vol #1	Richard Kentwell	"180 of the best drills for developing creative, attacking soccer"		
047-97	Coaching Soccer	Tim Schun			
048-97	Coaching Soccer Successfully	Rees & Van Der Meer	Complete guide to building and maintaining a winning soccer program.		
049-97	Soccer Coaching	Andrew Caruso	Ages 5 - 12	"Activity/game approach, developmental sequence of offense before defense, independent play in relation to training sessions, etc."	
050-97	SCORE!	Wiel Coerver	Soccer Tactics & techniques for a better offense		
051-97	Training Soccer Champions	Nash Dorrance			
052-97	Coaching Manual Book 1	R. T. Polumbus	All Ages	Complete coaching manual on organizing a youth soccer team on all aspects of on field coaching	
053-97	Practice Sessions - Book 3	R. T. Polumbus	Ages 5-8	Full season of pre-designed practice sessions	

054-97	Practice Drills - Book 2	R. T. Polumbus	All Ages	"Over 275 drills and variations, provides training for all ability levels "
055-97	Small-sided Soccer	R. T. Polumbus	Ages 5-10	"For coaching teams, or playing games, with less than 11 players"
056-97	Coaching Soccer	Gordon Miller	"Ages 8,9,10 & 11"	20 easy to follow practices & games
057-97	Coaching Soccer	Gordon Miller	"Ages 8,9,10 & 11"	20 easy to follow practices & games
058-97	FIFA - Laws of the Game		Guide for referees	
059-97	US Youth Soccer - Assistant Coach Series		U6 & U8	Activity aides for the parent/coach
060-97	US Youth Soccer - Assistant Coach Series		U10	Activity aides for the parent/coach
061-97	US Youth Soccer - Assistant Coach Series		U12	Activity aides for the parent/coach
062-97	Coaching th U12 player	Fleck & Cossaboon		
063-97	US Youth Soccer - Parent/Coach Primer		Ages 6-9	Basic philosophy and techniques of coaching youth players
064-97	Improve Your SOCCER Skills	Paula Woods		Comprehensive guide to becoming a successful soccer player
065-97	Ball Control	Gill Harvey		Covers Everything form simple trapping techniques to more advanced dribbling and faking skills
066-97	So Now You Are A GOALKEEPER	Machnik & Hoek		Advanced Provides the highest level of written goalkeeping instruction
067-98	Positional Play-Strikers	Allen Wade	All	Striker's role and responsibilities, attributes tactical skills. Training and practice.
068-98	Positional Play-Back Defenders	Allen Wade	All	Full-back's role, attributes, tactics and individual skills
069-98	Positional Play-Midfield	Allen Wade	All	The role, responsibilities and attributes of a Mid-field player described
070-98	Training Soccer Champions	Anson Dorrance	Coaches	Gives insight into the theories, philosophies and methods used to become one of the most effective and successful soccer coaches in the world .
071-98	Official Athletic College Guide	Charlie Kadupski	All	Listing of over 1600 athletic scholarships
072-98	Official Athletic College Guide	Charlie Kadupski	All	Listing of over 1600 athletic scholarships
073-99	success in SOCCER vol 1	Gero Bisanz & Norbert Vieth	Ages 6-14	Basic

training techniques and tactics for developing the serious player

- 074-99 **success in SOCCER vol 1** Gero Bisanz & Norbert Vieth Ages 6-14 Basic training techniques and tactics for developing the serious player
- 075-99 **Indoor Soccer** Evert Teunissen All Tactics, techniques and teamwork
- 076-99 **Coaching Set-Plays** Tony Walters All The 12 key principles for set-play success
- 077-99 **Zonal Defending** Jack Detchon a guide for coaches, players and referees
- 078-99 **UMBRO conditioning for football** All The total fitness programme for players of all levels
- 079-00 **Conscious Coaching** Kathleen E. Dodovan, MSW ADults The Soccer Mom's Bible
- 080-01 **Soccer Drills** James P. McGettigan All Drills for individual & team play
- 081-02 **Coaching the 3-4-3** Massino Lucchesi Coaches Coaching method and exercises for 3-4-3 system
- 082-02 **Soccer Strategies** Robyn Jones Coaches Defensive and Attacking Tactics
- 083-02 **Goalkeeping Drills- vol 1** Gerd Thissen All Drills for improving technique, tactics & conditioning
- 084-02 **Goalkeeping Drills - vol 2** Gerd Thissen All Drills for improving technique, tactics, & conditioning
- 085-02 **Coaching the 4-4-2** Masrziali & Nora Coaches Zone play, Flat back four defense & attacking schemes
- 086-02 **Maximizing Soccer Practice** Stephen Faulkner Coaches
- 087-02 **The Rules of Soccer:Simplified** Bill Mason & Larry Maisner All Up-to-date explanation of the Laws of the Game
- 088-02 **Coaching and Motivation** William Warren Coaches A practical guide to maximum athletic performance
- 089-02 **101 Youth Soccer Drills-Ages 12-16** Malcolm Cook Coaches Wide range of progressive practice drills
- 090-02 **101 Youth Soccer Drills-Ages 7-11** Malcolm Cook Coaches Wide range of progressive practice drills
- 091-02 **300 Innovative soccer drills for Total Player Development** Roger Wilkinson & Mick Critchell Coaches Innovative drills designed to teach players skills and tactics
- 092-02 **Recognizing the Moment to Play** Wayne Harrison Coaches This unique

coaching program focuses on the development of each player's soccer instincts

093-02 **24 Easy to Follow Practice Sessions for 8-11 year olds** Peter Schreiner & Gerd Thissen
Coaches Drills and games easy to understand, simple to use, systematically organized

- Videos -

CPYSL #	TITLE	AUTHOR	LEVEL	DESCRIPTION
001-96	The Next Goalkeeping Dimension	vol Dr. Joe Machnik	Advanced	Footwork, Play off the line, Extending the r
002-96	Goalkeeping, Fitness & Tactics	vol Dr. Joe Machnik	Advanced	
003-96	The Skills of Goalkeeping vol.1	Dr. Joe Machnik	Advanced	Stretching, Warm-up, Elementary & advanced c
004-96	The Next Dimension			Foot work, playing off the line, dealing with through passes, etc.
005-96	Goalkeeping Fitness & Tactics			Lessons on playing on angle play, reading of
006-96	The Skills of Goalkeeping vol.1			Stretching, Warm-up, Elementary & advanced c
007-96	Soccer Tactics & Skills - Passing & Support			This series of seven videos focusing on team
008-96	Soccer Tactics & Skills - Creating Space			plus the individual skills required to suppo
009-96	Pele Secrets of Soccer	Pele		The world's most recognized athlete teaches
010-96	Soccer Tactics & Skills - The Attack			
011-96	Soccer Tactics & Skills - Set Plays			
012-96	Soccer Tactics & Skills - Goalkeeping			
013-96	The Winning Formula - Scoring			Looks at skills involved in structuring a go
014-96	The Winning Formula - Direct Play			Analysis of goals, priorities in passing, su
015-96	The Winning Formula - Winning the Advantage			Creating space, ball control, one-touch , me
016-96	The Winning Formula - Defending to Win			Key factors in defending, recovery runs, cha
017-96	The Winning Formula - Goal Keeping			Featuring shot stopping, crosses, goal kicks
018-96	Soccer - Defending			
019-96	Soccer - Shooting			
020-96	Coerver Coaching Drill Series Part	Weil Coerver	Advanced	The foundation of the Coerver

method. Ball

021-96 Coerver Coaching Drill Series Part Weil Coerver Advanced Featuring one v one, moves to get past & bea

022-96 Coerver Coaching Drill Series Part Weil Coerver Advanced Putting it all together, creating & converti

023-96 Coerver Coaching How to learn the Weil Coerver Advanced Will show you how to learn some of the skill

024-96 1-2-3 Goal tape 1 Weil Coerver Ball feeling, ball control and ball skills

025-96 1-2-3 Goal tape 2 Weil Coerver "One vs One", moves to get past an opponent,

026-96 1-2-3 Goal tape 3 Weil Coerver "Putting it all together", Creating goal sco

027-96 Pele, The Master and His Method Pele The world's most recognized athlete teaches

028-96 All The Goals Best action from Euro '96

029-96 Skill Factor Pro Training Alan Shearer Travel Winning the ball back, defending as a group/

030-96 Soccer Games Paul Caligiuri 5-9 Yr. OI20 great games to make your practices FUN!

031-96 Soccer Games Paul Caligiuri 10 yr + 20 great games to make your practices FUN!

032-96 Group Tactics Series - Part Three: Travel Featuring 2v1, 2v2, combination play, role o

033-96 Group Tactics Series - Part Two:Group Defending Travel Areas covered: Covering, marking, tracking,

034-96 Individual Tactics Series - Individual Defending, pTravel Tactics and key tactical factors are covered

035-96 Individual Tactics Series - Individual Attacking, pTravel Tactics and key tactical factors are covered

036-96 Individual Tactics Series - Methods of Training Individual TaThe concepts covered are: The nature of tra

037-96 1001 Goals Chris Waddle EntertainmIncludes some of footballs most memorable st

038-96 Soccer Bloopers EntertainmFeaturing funny, some times racy match mista

039-96 Soccer Rules All A simple video guide to a simple game. All

040-96 Foul Play The world's great players in an action-packe

041-96 Great Moments of World Soccer Bryan Robson All Highlights include a selection of great goal

042-96 Euro '96: The Champions All

- 043-96 The World's Greatest Goals vol.2 All Over 200 breathtaking goals from 11 of the w
- 044-96 Euro '96: The Stars All A collection of the most memorable plays & t
- 045-96 World's Greatest players vol. 1 All 11 of the world's finest footballers in acti
- 046-96 The World's Greatest Goals vol.3 All Over 200 amazing goals from 20 international
- 047-96 It's A Women's Game All The story of womens soccer. An introduction
- 048-96 World Cup Hall of Fame vol.1 All The superstars relive their very special mom
- 049-96 World Cup Hall of Fame vol.2 All The superstars relive their very special mom
- 050-96 World Cup Hall of Fame vol. 3 All The superstars relive their very special mom
- 051-96 World's Greatest players vol. 2 All
- 052-96 The World's Greatest Saves All Featuring great goalkeepers in action, great
- 053-96 History of Refereeing All
- 054-96 Warm Up for Soccer All
- 055-96 Foul Play All The world's great players in an action-packe
- 056-96 Soccer Rules All A simple video guide to a simple game. All
- 057-96 The History of Soccer vol. 1 All By gentlemen's agreement
- 058-96 The History of Soccer vol. 2 All The Golden Age
- 059-96 The History of Soccer vol.3 All Soccer conquers the world
- 060-96 The Winning Formula - Defending to Win Key factors in defending, recovery runs, cha
- 061-96 The Winning Formula - Scoring Looks at skills involved in structuring a go
- 062-96 The Winning Formula - Direct Play Analysis of goals, priorities in passing, su
- 063-96 The Winning Formula - Goal Keeping Featuring shot stopping, crosses, goal kicks
- 064-96 The Winning Formula - Winning the Advantage Creating space, ball control, one-touch , me
- 065-96 Giantkillers! All A history of FA cup upsets
- 066-96 Tears, Kisses, & Awful Misses Jonathan Pearce All An alternative guide to the World Cup
- 067-96 Keegan on Keegan All "A personal insight into my life & football
- 068-96 Skill Factor Pro Training Alan Shearer Travel Winning the ball back, defending as a group/
- 069-96 Keeping Secrets Jeff Duback Travel Tutorial on shutout goal keeping

- 070-96 502 Great Goals All Over 25 years of who's who in British soccer
- 071-96 Football World Championship All 1962 official film
- 072-96 F.A. Cup Final Goals All All the goals - all the games 1960-1992
- 073-96 The World's Greatest XI All 11 of the world's greatest players profiled
- 074-96 a decade of GREAT GOALS All A stunning succession of top class strikes f
- 075-96 a decade of GREAT STARS All A stunning collection of memorable moments f
- 076-96 a decade of GREAT SOCCER ACTION All Featuring matches from 3 world cups and 3 Eu
- 077-96 Soccer on the Attack - Fast Footwork/Feinting Travel
- 078-96 Soccer on the Attack - Shooting/Heading Travel
- 079-96 Soccer on the Attack - Dribbling Travel
- 080-96 Women's World Cup '95 Sweden: Dream Team All The stars of Women's World Cup '95 Sweden
- 081-96 Women's World Cup '95 Sweden All Great goals, great saves (& Near Misses)
- 082-96 Women's World Cup '95 Sweden All Team USA a tribute
- 1001-97 The Story of THE WORLD CUP All The history of the greatest competition in t
- 1002-97 The Ajax Training Method part 1 Coordination
- 1003-97 The Ajax Training Method part 2 Speed and Acceleration
- 1004-97 Advanced Skills: Beating an OpponTom Bouklas Advanced Teaches attack players how to "Set up" defen
- 1005-97 Coaching the Italian 4:4:2 Arrigo Sacchi Travel Shows how to organizeThe Flat Back Four, and
- 1006-97 Football Rules! All A guide to the laws of the game
- 1007-97 Small Sided Games for a Functional Warm-up
- 1008-97 Soccer Skills for the 90's Dario Gradi All Learn skills and tricks which could take you
- 1009-97 Brazilian Soccer tape 1 Zico Coach Skills and Techniques: Passing/Receiving, B
- 1010-97 Brazilian Soccer tape 2 Zico Coach Positional Play: The Striker, The Midfield,
- 1011-97 Brazilian Soccer tape 3 Zico Coach Tactics
- 1012-97 The Dutch 4X4 Training Method

- 1013-97 Brazil the World Cup Story 1990
- 1014-97 Italy the World Cup Story 1990
- 1015-97 Understanding the Youth Soccer Player copy 1
- 1016-97 Understanding the Youth Soccer Player copy 2
- 1017-97 Understanding the Youth Soccer Player copy 3
- 1018-97 Soccerobics - soccer series #1 Vogelsinger All System of ingeniously designed exercises wit
- 1019-97 Kicking - soccer series #2 Vogelsinger All Scoring goals, passing and interpassing
- 1020-97 Dribbling and Feinting - soccer series #3 Vogelsinger All Basic and sophisticated dribbling and feinti
- 1021-97 Ball Control - soccer series #4 Vogelsinger All Receiving the ball on the ground, Trapping,
- 1022-97 Super Skills and Heading - soccer series #5 Vogelsinger Advanced Highlights chip passes, banana shots, side v
- 1023-97 FUNdamental Soccer Practice part Karl Dewazien 5-12 yr ol Focuses on training young soccer players, la
- 1024-97 FUNdamental Soccer Practice part Karl Dewazien 5-12 yr ol Small sided games, inside pass, instep kick,
- 1025-97 FUNdamental Soccer Practice part Karl Dewazien 5-12 yr ol Focuses on training young soccer players, la
- 1026-97 FUNdamental Soccer Practice part Karl Dewazien 5-12 yr ol Small sided games, inside pass, instep kick,
- 1027-97 Goalkeeper's School part 1 Coaches Skills & drills designed to improve strengt
- 1028-97 Goalkeeper's School part 2 Keepers Clearing techniques, Dealing with different
- 1029-97 Goalkeeping, the Diccico method #1 All ages Goalkeeper stance & footwork, basic catching
- 1030-97 Goalkeeping, the Diccico method #2 All ages Extension diving, advanced deflective and sa
- 1031-97 Goalkeeping, the Diccico method #3 All ages Pre game warm-up, pre practice warm-up, quic
- 1032-97 Coerver Coaching
- 1033-97 Micro Soccer Tony Waiters 6,7,& 8 yr olds
- 1034-97 Soccer Refereeing tape two Dealing with unsporting behavior , positioni
- 1035-97 Attacking from the Back part 2 Exercises that are useful in further promoti

- 1036-97 The History of Soccer vol.1 All By gentlemen's agreement
- 1037-97 England the World Cup Story 1990
- 1038-97 World Cup Series Heading for GLORY All Munich, 1974
- 1039-97 World Cup Bloopers
- 1040-97 Owm Goals and Gaffs Danny Baker's All 85 minutes of the worst football you've ever
- 1041-97 Refereeing Part 3 Referees Use of the penalty markand judging challenge
- 1042-97 Refereeing Part 4 Referees The role of the referee and fitness testing
- 1043-97 Soccer Refereeing tape one Referees Fair and unfair challenges, managing set pla
- 1044-97 The Dutch Soccer School 40 training games and drills for offensive s
- 1045-97 Soccer for all age groups Steve Long All Demonstrates offensive and defensive set-ups
- 1046-98 Women's Soccer - part 1 Steve Long All The most comprehensive women's coaching video
- 1047-98 US Youth Soccer All Find out what US Youth Soccer is about
- 1048-99 Zonal Defending Jack Detchon All A guide for coaches, players and referees
- 1049-99 Coaching Set-Plays Tape 1 Tony Walters All Penalty shots, Attacking corner kicks, Defending corner kicks and Practice Methods
- 1050-99 Coaching Set-Plays Tape 2 Tony Walters Kickoffs, Attacking free kicks, Defending free kicks, Attacking throw ins, Defending throw ins, Goal kicks and Practice Methods
- 1051-99 The Winning Formula - Scoring Looks at skills involved in stricturing a goal scoring situation from five consecutive passes of loss
- 1052-99 UMBRO Conditioning for Football All The total fitness programme for players of all levels
- 1053-99 Secrets of Soccer - 1 Individual All shooting, passing heading
- 1054-99 Secrets of Soccer - 2 individual All trapping, feints, dribbling moves
- 1055-99 Secrets of Soccer - 3 individual All ball control, turning tackling, set plays
- 1056-99 Secrets of Soccer - 4 attacking All principles, passing play, 2-1 situations, runs
- 1057-99 Secrets of Soccer - 5 attacking All counter-attacks, crosses, finishing, set plays
- 1058-99 Secrets of Soccer - 6 defending All principles, one-on-one, interceptions, set plays
- 1059-99 Secrets of Soccer - 7 goalkeeping All diving, saves, distribution
- 1060-99 Secrets of Soccer - 8 goalkeeping All positioning, shots, one on one, crosses, set

plays

- 1061-99 Secrets of Soccer - 9 players All practice at home, side-games, the match
- 1062-99 Secrets of Soccer - 10 coaches Coaches relaxed technique concentration, training program
- 1063-99 Coordination and Speed Training-part 1 Ajax Method Coaches Shows what role the training for coordination and speed plays in maintaining the highest level of top soccer players
- 1064-99 Coordination and Speed Training-part 2 Ajax Method Coaches Shows what role the training for coordination and speed plays in maintaining the highest level of top soccer players
- 1065-99 Running Technique for Soccer coaches Shows exercise material in which running, sprinting, jumping and maneuvering are part of soccer situations on the field
- 1066-01 Everything you need to know to coach soccer Cliff McCrath coaches Quickest and easiest way to learn the essentials of coaching soccer
- 1067-02 training championship players and teams tape 1 anson dorrance coaches Managing the training environment, individual players development etc.
- 1068-02 training championship players and teams tape 2 anson dorrance coaches small group tactics
- 1069-02 training championship players and teams tape 3 anson dorrance coaches the north carolina system
- 1070-02 Midfield Penetration Paul Davis All Looks at ways in which midfield players can improve their passing and tackling skills
- 1071-02 110 Exercises for Conditioning, Agility and Ball Control All progression of drills and exercises designed to develop a feel for soccer movements,,,
- 1072-02 Coordination and Agility Training Peter Schreiner All Technical training with a coordination and conditioning component through the use of simple field equipment
- 1073-02 Coaching the 3-4-3 Coaches video examines the 3-4-3 system of play with regard to both the offensive and defensive phase
- 1074-02 2 Zone Play Bonfanti & Pereni Coaches 20 exercises for Developing Defensive Formation, Transition, pressing and counter pressing
- 1075-02 3 Zone Play Bonfanti & Pereni Coaches Exercises for coaching the principles of zone play
- 1076-02 Attacking with 2 Forwards Angelo Pereni All Demonstrates through a series of 40 exercises how to develop offensive play situations and maintain offensive shape.
- 1077-02 Attacking with 3 Forwards Angelo Pereni All focuses on the offensive build-up, developing and maintaining shape and attacking schemes
- 1078-02 Speed and Strength training for Soccer Riccardo Proietti speed, strength and running training with Italian Serie A club Empoli F.C.
- 1079-02 The Dutch 4 X 4 Training Method KNVB Coaches Teaches soccer techniques

1080-02 Focus on Skill Tom Bouklas All Outstanding and tested exercises for improving every aspect of soccer skills



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This page was last updated: **October 24, 2002**